

The Alcohol Use Disorders Identification Test: Self-Report Version

Circle the most appropriate response

STUDENT: Because alcohol use can affect your health and can interfere with certain medications and treatments, it is important that we ask some questions about your use of alcohol. Your answers will remain confidential so please be honest.

One drink is equivalent to:



Questions	0	1	2	3	4
1 How often do you have a drink containing alcohol? If never - skip to question 9	Never	Monthly or less	2 to 4 times a month	2 to 3 times a week	4 or more times a week
2 How many drinks containing alcohol do you have on a typical day when you are drinking?	1 or 2	3 or 4	5 or 6	7, 8, or 9	10 or more
3 How often do you have six or more drinks on one occasion?	Never	Less than Monthly	Monthly	Weekly	Daily or almost daily
4 How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than Monthly	Monthly	Weekly	Daily or almost daily
5 How often during the last year have you failed to do what was normally expected from you because of drinking?	Never	Less than Monthly	Monthly	Weekly	Daily or almost daily
6 How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	Never	Less than Monthly	Monthly	Weekly	Daily or almost daily
7 How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than Monthly	Monthly	Weekly	Daily or almost daily
8 How often during the last year have you been unable to remember what happened the night before because you had been drinking?	Never	Less than Monthly	Monthly	Weekly	Daily or almost daily
9 Have you or someone else been injured as a result of your drinking?	No		Yes, but not in the last year		Yes, during the last year
10 Has a relative or friend or a doctor, or another health worker been concerned about your drinking or suggested you cut down?	No		Yes, but not in the last year		Yes, during the last year

Total _____