

# Santiago Canyon College Academic Senate

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## SENATORS

### **Business and Career Education**

Deeley, Steve, 2012  
Salcido, Andrew, 2013

### **Continuing Education (OEC)**

Shields, Jolene, 2013

### **Counseling & Student Services**

Aguilera, Lenor 2013  
Mettler, Mary 2012

### **Humanities and Social Sciences**

Deaver, Doug, 2012  
Elchlepp, Elizabeth, 2013  
Granitto, James, 2013  
Isbell, James, 2013  
Shekarabi, Nooshan, 2012

### **Fine & Performing Arts and Communication**

Womack, Melinda, 2013

### **Library**

Sproat, Barbara, 2012

### **Mathematics and Sciences**

Cummins, Shawn, 2013  
Hovanitz, Eric, 2012  
Martino, Danny, 2013  
Nance, Craig 2012  
Scott, Randy, 2013

### **Adjunct**

Matthews, Evangline, 2012

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Barembaum, Morrie, 2012

### **Vice President**

Evelt, Corinna, 2012

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DeCarbo, Michael, 2012

### **Curriculum**

Rutan, Craig - Chair

## Resolution S2012.7

### **Resolution to Support the Request for Authorization to Apply for the Student Mental Health Program Grant**

Moved: Craig Nance  
Seconded: Mary Mettler

Whereas Board Policy 9001 lists “[E]ducational program development” and “[P]rocesses for institutional planning and budget development” under “mutual agreement with the Academic Senate;

Whereas a request for authorization to apply for a grant has been developed by Santiago Canyon College’s Student Health & Wellness Center Psychologist and submitted to the SCC Senate for its support;

Whereas the purpose “... is to support prevention and early intervention strategies that address the mental health needs of CCC students” (see attached Request for Authorization to Apply for a Grant);

Resolved, that the Academic Senate of Santiago Canyon College support the Request for Authorization to Apply for the California Community Colleges Student Mental Health Program (CCC SMHP).

Date Presented: 5/01/2012

Date Approved: 5/01/2012

***Santiago Canyon College is an innovative learning community dedicated to intellectual and personal growth. Our purpose is to foster student success and to help students achieve these core outcomes: to learn, act, communicate and think critically. We are committed to maintaining standards of excellence and providing an accessible, a transferable, and an engaging education to a diverse community. (Approved 4/12/2011)***

**Request for Authorization to Apply for a Grant  
College Council  
Santiago Canyon College**

**1. GENERAL INFORMATION:**

Project Title: California Community Colleges Student Mental Health Program (CCC SMHP)

Project Initiator: Melissa Campitelli-Smith, Psy.D., Psychologist, Student Health & Wellness Center

Project Administrator: John Hernandez, Ph.D., Vice President, Student Services

Project Coordinator: Melissa Campitelli-Smith, Psy.D., Psychologist, Student Health & Wellness Center

Grantor Agency: California Community Colleges Chancellor's Office (CCCCO) & the Foundation for California Community Colleges (FCCC)

Grantor Agency Deadline for Proposal: May 18, 2012

Funding Period: July 1, 2012 – May 31, 2014

**2. PROJECT DESCRIPTION/PLAN:**

The purpose of the CCC SMHP is to support prevention and early intervention strategies that address the mental health needs of CCC students and to advance the collaboration between select colleges and county services, in particular, county mental health agencies. The long term goal of the project is to increase student success and retention through the development and enhancement of quality student support activities at community colleges, through the implementation of three major program components.

The CCC SMHP will aim to address the critical unmet needs for student mental health within the CCC system which include three strategic directions:

- I. Faculty and Staff training – training and activities will be provided to all community colleges in the state for interested faculty and staff through a contractor. Such training can assist faculty and staff with improving recognition and response to students at risk or experiencing mental health problems.
- II. Peer-to-Peer Support – development and enhancement of peer resources that promote acceptance of diversity, support help-seeking behavior, and reduce the stigma associated with mental illness.
- III. Suicide Prevention – implementation of evidence-based suicide prevention activities, training, and services.

The project at Santiago Canyon College (SCC) will focus on the Suicide Prevention component and augment training efforts being offered by the contractor with additional activities to improve student mental health, Psychological Services, Crisis Intervention Team (CIT) and Threat Assessment Team (TAT) on campus. Such efforts will include educational activities and training, mental health and wellness events, resources for students, and the support and exploration for the development of an on-campus Active Minds chapter. Active Minds was created by a college student who suffered the suicide of her brother who was also a college student. It is the only national organization working to utilize the student voice to reduce stigma and change the conversation about mental health on college campuses. For additional information, please refer to <http://www.activeminds.org/index.php>.

The plan will include faculty and staff training to increase the understanding of the unique needs of vulnerable and diverse populations that may be at high risk for mental health issues or suicide such as veterans, LGBTQ, and

other underserved populations. Moreover, training efforts will be enhanced for the existing CIT and TAT at SCC which work to intervene with students at risk for suicide, aggression, and mental health challenges. The project may also allow for the development of potential models for the use of pre-doctoral psychology interns to provide mental health services and augment SCC Psychological Services. This will optimize service delivery for students and decrease the number of students not served/put on the waitlist for Psychological Services. Lastly, the project will provide opportunity for data collection and evaluation with the National College Health Assessment (NCHA) membership and study which links student health and wellness to academic success, achievement, and retention.

**Estimated grant amount:** \$50,000 - \$250,000

**Match required:** Yes  No

**Estimated match amount:** N/A

**In-kind/Cash match requirement:** Yes  No

**Where will funds for match originate?** N/A

**Comments about match:** N/A

**3. WHAT ARE THE PROJECTED FACILITIES REQUIREMENTS, IF ANY, AND HOW WILL THEY BE MET?**

The project will be housed within the existing space of the Student Health and Wellness Center; campus facilities may be used for student events and activities; and on-campus rooms with technological capabilities for the trainings which will be made available to faculty and staff.

**4. ANTICIPATED PROJECT PERSONNEL:**

Position Needed	FTE	Hourly	Existing/New	Funded Match In-Kind	Stipend or Release Time
Melissa Campitelli-Smith	FTE	Salary	Existing		24% Release Time
Part-Time Psychologist		Hourly	New		
Part-Time Health Educator		Hourly	New		

**Is the Project Coordinator involved in any other grants (i.e. manager/coordinator or participant). If so, what amount of release time does she/he receive for the other grant participation?**

No other grant participation, at this time.

**5. CURRICULUM (PROGRAM/COURSE) IMPACT:** This is not an instructional/curriculum program, although time to assess health information may be requested from faculty for implementation of the NCHA study. In addition, faculty training information will be made available to those interested in suicide prevention and reducing mental health stigma.

**6. IMPLICATIONS FOR THE COLLEGE/DISTRICT:**

- How does this project relate to the goals and objectives of the college?**

SCC is dedicated to the “intellectual and personal growth” of students, is sensitive to the needs of our students, and encourages services that are responsive to the diverse needs and interests of all students. The CCC SMHP aims to address student personal needs and improve student mental health and wellbeing to promote student retention, achievement, and success in school. The RSCCD promotes and extensively participates in partnerships with other educational providers in our community and this project will encourage collaboration with such community agencies.

- **How does this project relate to the goals and objectives of the program to which the grant relates?**  
 The Student Health & Wellness Center is committed to providing health services and education for students to make healthy choices regarding their minds, bodies, and behaviors, enabling them to pursue their educational goals. The CCC SMHP will assist with improving the quality of health services provided, addressing critical unmet needs, and benefitting student mental health so that students may continue to successfully pursue their educational endeavors.
  
- **Where is the need for this project identified in the related program's EMP/DPP/Program Review?**  
 The Health & Wellness Center (HWC) Program Review identified a humanistic approach for services, which promotes self-care through educational support with an individual's overall health and wellness being a result of personal choices shepherded by the health care and mental health providers. The HWC DDP identified that health is a dynamic state moving along a continuum toward optimal functioning known as wellness with dimensions of wellness including social, emotional, intellectual, physical, spiritual, and environmental spheres. This project aims to assist with these views of educational support in the areas of suicide prevention, reduction of mental health stigma, and the development of collaborative partnerships with community providers, all of which is consistent with the program and DDP goals.
  
- **Will this project impact other departments/units? Yes  No**
  
- **If yes, identify which department/unit and explain how you plan to include them in the planning process.**  
 The CCC SMHP will work closely with other student service programs/student clubs, Student Life and Leadership, Veterans Services, Safety & Security, Crisis Intervention Team, Threat Assessment Team, and possibly with the Safe Space zone for our LGBTQ students. It will positively contribute to the commitment of student services of promoting student growth and development; the project objectives are closely related to the goals of these programs to improve student success and overall wellbeing. In addition, academic departments will be asked to participate in the NCHA study and interested individuals may participate in the faculty/staff trainings made available by the CCC SMHP.
  
- **Please list each department, the chair(s) to whom you spoke and whether or not the faculty in the department are willing to participate in the proposed project.**
  - Department: HWC Chair(s) Beth Hoffman Willing to Participate Yes  No
  - Department: Student Development Chair(s) Loretta Jordan Willing to Participate Yes  No
  - Department: Safety & Security Chair(s) Alistair Winter Willing to Participate Yes  No
  - Department \_\_\_\_\_ Chair(s) \_\_\_\_\_ Willing to Participate Yes  No
  
- **How will project facilities requirements, if any, be met?**  
 Refer to above #3

**7. LONG TERM IMPLICATIONS FOR THE COLLEGE/DISTRICT:**

- **When funding ends, will this project be institutionalized? Yes  No**
  
- **If so, what is the estimated cost to fund this project?**  
 If an Active Minds student chapter continues beyond the grant cycle, students may wish to utilize fund raising and/or request funding through the inter-club council for activities and/or events. There are no membership fees or annual dues involved to maintain an Active Minds chapter. The potential psychology internship program would be able to continue only if the HWC budget is able to retain the costs involved for the program. Ongoing faculty and staff training would continue through current channels utilized with local community organizations.
  
- **If not, what will happen to this project and the personnel involved with it?**  
 The Active Minds chapter could be maintained if there continues to be student interest which is necessary for this type of peer resource for students, however, if there is no student interest the

chapter will discontinue. The possible internship program may not be continued due to costs but the student activities could be maintained by student service programs and clubs, if desired. The hourly personnel would not continue after the grant is completed, unless the HWC could absorb this expenditure.

**8. HAVE THE FOLLOWING BEEN ADVISED OF THIS PROPOSAL?**

- Academic Senate President     Curriculum Committee Chair     Department Chair(s) of Department Impacted by Project  
 EMPC Chair     RSCCD Research & Grants office

**9. Operational Signatures: *(Obtain signatures in the order below)***

\_\_\_\_\_  
Project Initiator: Date

\_\_\_\_\_  
Project Administrator: Date

\_\_\_\_\_  
Vice President: Date

**10. Recommendations:**

College Council Recommendation: Yes  No       Date: \_\_\_\_\_

Academic Senate President Recommendation: Yes  No

\_\_\_\_\_  
Academic Senate President: Date

**11. Final Approval:**

\_\_\_\_\_  
College President: Date

Revised 2-14-12