

Calculus I, Section 5.5, #22
The Substitution Rule

Evaluate the indefinite integral.¹

$$\int \sin(x) \sin(\cos(x)) \, dx$$

Let's closely examine the given integral:

For this integral, we have a cosine function inside a sine function, $\sin(\cos(x))$, and (almost) the derivative of the cosine as a factor, $\sin(x)$.

$$\int \underbrace{\sin(x)}_{\text{(almost) } du} \underbrace{\sin(\cos(x))}_{\text{inside}} \, dx$$

We let $u = \cos(x)$, so $\frac{du}{dx} = -\sin(x)$ or $du = -\sin(x) \, dx$.

To complete du in the integral, we need a factor of -1 . We will multiply inside the integral by -1 , and outside the integral by -1 .

$$\begin{aligned} -1 \cdot \int -1 \cdot \sin(x) \sin(\cos(x)) \, dx \\ &= -1 \cdot \int \underbrace{\sin(\cos(x))}_u \cdot \underbrace{-\sin(x) \, dx}_{du} \\ &= -1 \cdot \int \sin(u) \, du \\ &= -1 \cdot [-\cos(u) + C] \\ &= \cos(u) - C \end{aligned}$$

but $-C$ is just another constant, so we write

$$= \cos(u) + C$$

and rewriting in terms of the original variable x we get

$$= \cos(\cos(x)) + C$$

¹Stewart, *Calculus, Early Transcendentals*, p. 419, #22.