Learning Styles Quiz

Quiz yourself. Circle one: a, b, or c.

1. When you ask for directions, do you:
   (a) Remember them verbally in your mind?
   (b) Need a map or written instructions to follow?
   (c) Move your arms and point to review the directions before driving off?

2. When you are a student in the classroom
   (a) Do you find it difficult to sit still and listen?
   (b) Do you find noise distracting?
   (c) Do you sit close where you can see what’s going on and take notes?

3. When you are assembling new furniture, do you:
   (a) Move the pieces around and start putting them together immediately?
   (b) Read over the instructions and look over the diagram?
   (c) Prefer to read the instructions aloud or have them read to you?

4. When you spell a word, do you:
   (a) Try to see the word visually?
   (b) Sound the word out or use a phonetic approach?
   (c) Write the word down to see if it looks right?

5. Would you be most likely to say:
   (a) “I see what you mean.”
   (b) “I catch your drift.”
   (c) “I hear what you are saying.”

6. Would you most likely use the phrase:
   (a) “It slipped my mind.”
   (b) “I don’t recall.”
   (c) “It appears I forgot.”

7. For your birthday would you most prefer:
   (a) Lots of cards?
   (b) Lots of phone messages?
   (c) Lots of high fives?

8. Would you rather:
   (a) Read a book?
   (b) Ride a horse?
   (c) Listen to the radio?

9. Would you rather:
   (a) Cook a meal?
   (b) Go to the symphony?
   (c) Watch a movie?

10. When you meet someone that you know do you:
    (a) Forget faces but remember names or what you talked about?
    (b) Remember best what you did together?
    (c) Forget names but remember faces or remember where you met?

11. When you do something new at work do you:
    (a) Prefer to jump right in and try it?
    (b) Like to see demonstrations, diagrams, or posters?
    (c) Prefer verbal instructions or talking about it with someone else?

12. When you need to concentrate, what distracts you the most?:
    (a) Noise or sounds
    (b) Untidiness or movement
    (c) Activity around you
Give yourself the following points for each answer. (Circle your answers from above).

1. (a) II  
2. (a) III  
3. (a) III  
4. (a) I  
5. (a) I  
6. (a) III  
   (b) I  
   (b) II  
   (b) II  
   (b) III  
   (b) II  
   (b) III  
   (c) III  
   (c) I  
   (c) II  
   (c) III  
   (c) II  
   (c) I  

7. (a) I  
8. (a) I  
9. (a) III  
10. (a) II  
11. (a) III  
12. (a) II  
   (b) II  
   (b) III  
   (b) II  
   (b) III  
   (b) I  
   (b) I  
   (c) III  
   (c) II  
   (c) I  
   (c) I  
   (c) II  
   (c) III 

→ Number occurring most often: _____

If you had more:
   I: Then you are a visual learner
   II: Then you are an auditory learner
   III: Then you are a kinesthetic learner

Note: If you had a tie between two numbers or an equal number of all three, that means you
have a combined learning style based on those numbers, i.e. If you had two I, five II, and five III,
then you are both an auditory and kinesthetic learner.

Go to my website and under Study Skills, print out the learning style that belongs to you.

*Please understand that this is a “short” quiz designed to give you an idea to the type of learner
you are. You know yourself best, so if the results are in your opinion wrong, then follow the tips
that you believe do apply to you.