The Career Center Welcomes you to the Fall Semester!

The Career Center staff delightfully offers you the first edition of the Career Highlighter. Through this publication students can gain information about the career development process, career resources online and in print, and other services available to SCC students.

The Career Center serves over 1,800 students every year. This is accomplished through the counseling classes, students participating in the “Career Odyssey” and the “Career Development Program for Undecided Majors,” and finally with those who come in on their own to research career occupations.

If you are undecided about your career or want to learn more about the duties, salary, and job outlook of your career interest, we strongly encourage you to visit and utilize the many resources and services provided by SCC’s Career Center.

Our mission is to educate and empower students to access career development tools, assessments and resources to help them discover their own uniqueness and find careers and majors to match their talents and interests.

When you visit the Career Center, you will be pleased with the level of service, technology, and resources available.

As one student commented to the staff,

“The Career Center had many resources available to help me research my career options. I would highly recommend that students take advantage of this wonderful service.”

Meet the Career Center Staff...

Dora Contreras- Bright
Career Center Coordinator

Dora has worked in the Career Center for the past 11 years. During that time she has worked with many students both individually as well as entire classrooms conducting career exploration and assisting with the selection of a major. Other activities she is involved with are implementing workshops on the Career Planning Process; scheduling guest lecturers to present information on their careers, and job/career fairs. Dora is an alumnus of SCC who transferred to CSUF to earn an undergraduate degree in Human Services and is currently attending CSULB pursuing a Master’s Degree in School Counseling with a Pupil Personnel Credential and a certificate in Higher Education.

Maria J. Chaidez
Career Guidance Specialist

Maria is a new addition to the SCC Family! She joins us from a not so distant neighbor; Fullerton College. Maria worked at Fullerton College for 6 years, in different capacities; high school outreach, counseling, and more recently in the Career & Life Planning Center. During her time at FC, Maria had countless interactions with students on an individual basis, for career research/exploration and worked with classrooms for Career Center orientations and presentations. Maria is an alumnus of FC and later transferred to CSUF where she received a Bachelor’s of Science in Human Services. She is currently pursuing her Master’s at the University of La Verne in Counseling, concentrating on College Counseling and Student Services.
To freshman gobbling up countless nuggets of advice in their first week at college, here is one more: as soon as possible get some work experience related to your major. It will shake up preconceived notions you have about a particular career path and help confirm or deny if you have chosen the right major.

Too many students pick their major haphazardly. Thirty-four percent of undergraduates chose their major for reasons other than career interest, according to the National Association of Colleges and Employers. The students fail to make an educated decision about what major is right for them and may find out after graduation that they picked a big fat lemon from the collegiate tree. This is most likely why, according to the U.S. Department of Labor, college graduates will work in two or three different career fields after they graduate.

However, students who do have interest in their discipline shouldn’t automatically assume they are pursuing the right degree. It’s important to understand that what’s good in theory isn’t always good in practice. An optimal career is one which can be approached with both passion and proficiency. A student may enjoy and excel in class assignments, but that might not translate to day-to-day work life.

It’s a cliché but true: Experience really is the best teacher.

The key is for a student to get experience in his or her field early in the college career. Why should one wait until completing upper-level, major-specific courses at the end of their undergraduate career to seek out work, research or internships? Why not do this during the first or second year of college, while still taking basic courses?

Students should take a semester or a summer during the first two years of college and seek out an environment related to their major. No book can convey what it feels like to work day-to-day at a hospital, law firm or corporation. Early, intensive exposure to what may be an undergraduate’s future career will help him or her decide whether to charge forward or change direction. Once a student knows what truly suits them, time and credit hours can be better spent. Be proactive in seeking out work or internships in the community.


INTERNET CAREER CORNER

You’re not on campus and need Career Information? Never fear, the Career Center is here to save the day! Check out these websites from the comfort of home.

Career Voyages
Occupational videos, high growth & emerging industries & more!
http://www.careervoyages.gov/

Quintessential Careers
Career resources; sample resumes & cover letters; job search; salary wizard, networking tips & more!
www.quintcareers.com
Career Development Program for Undecided Majors

Are you undecided on a major? Do you want to learn about your personal strengths, interests, values and personality? If you answered yes to any of these questions, then the Career Development Program for Undecided Majors is just right for you! This unique 4-step program is meant to provide you with a better understanding of who you are, and what career opportunities best suit you based on your assessment results and research. What are the 4-steps you may ask?

**Step 1** Take Career Assessments. Call the Career Center at (714)628-4805 or (714) 628-4987 to sign-up for on-line career assessments. **Purchase a $20.00 career assessment ticket in the Cashier’s Office in E-102.** The Cashier’s Office hours are 8:00 a.m.– 5:00 p.m., Monday-Thursday. **Bring** career assessment ticket to D-106 for instructions on how to complete career assessments. **Take** the career assessments any place that has internet access, such as your home, SCC computer lab or the Career Center. For your convenience, the Career Center is available for testing on Mondays from 5:00 p.m.– 6:30 p.m. or Thursdays between 2:00 p.m.-3:30 p.m., except holidays.

**Step 2** Call the Career Center at (714) 628-4805 or 714-628-4987 to schedule an appointment for an interpretation of your test results. On the day of your appointment report to D-106 to meet with a career counselor who will explain in detail the results of your assessment. Interpretation days are on Mondays, from 2:30-4:00 p.m. or 4:00-5:30 p.m., and from 5:30-7:00 p.m.

**Step 3** Research your career interests with the assistance of the Career Center Staff. To schedule an appointment call (714)628-4805 or (714) 628-4987, or stop by the Career Center in room D-106.

**Step 4** Schedule a counseling appointment by calling (714) 628-4805 or (714) 628-4987, or stopping by the Counseling Center (D-106) to discuss your career plans and develop an educational plan.

Call or stop by the Career Center to learn more about this exciting program!

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**Job/Career Fair**

**Date & Time:** Tuesday, October 9th, 2007
9:00 a.m.–1:00 p.m.

**Location:** Strenger Plaza

Are you looking for a job? Or considering a change? Do you want part-time work? Do you want full-time work? Be there dressed to impress and résumés in hand!

Join us on October 9th and explore all the opportunities available to you!

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**Speakers Connecting Careers Workshop**

Every semester, the Career Center hosts a speaker from the community to speak about his/her career experience.

*Have you ever thought about a career in Forensic Science?*

Join us and meet Laurie Crutchfield, a forensic scientist with the Orange County Sheriff’s Department, as she shares her story!

**Date & Time:** Thursday, October 11, 2007
9:30-10:30 a.m.

**Location:** Room D-206

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A tour of the OC Sheriff’s Department Forensics Facility is being arranged for the fall semester.

**Date & Time:** TBA

Call the Career Center for more details!

714-628-4805
-Or-
714-628-4987
Psychology is the study of the mind and behavior. The discipline embraces all aspects of the human experience—from the functions of the brain to the actions of nations, from child development to care for the aged. In every conceivable setting from scientific research centers to mental health care services, “the understanding of behavior” is the enterprise of psychologists. Source: University of North Carolina Wilmington

**Psychology**

**Entry Level: (B.A.)**
- Admissions Evaluator
- Advertising Assistant
- Assistant, Account Executive
- Comm. & Social Serv. Worker
- Case Worker
- Community Relations Rep
- Customs/Immigration Officer
- Employ. Agency Counselor
- Food & Bev. Assist.- Manag.
- Hospice Coordinator
- Hotel Event Management
- Crisis Intervention Counselor
- Job Developer
- Junior Market Analyst
- Labor Relations Specialist
- Market Research Analyst
- Marketing/Sales Manager
- Youth Corrections Officer

**Public Opinion Surveyor**
- Public Relations Assist.
- Recreation Specialist
- Sales Representative
- Social Service Staff
- Wage/Benefits Analyst
- International Student Advisor
- Mental Health Coordinator
- Personnel Assistant
- Statistician Assistant
- Teacher
- Technical Writer/Communicator
- Television/Media Research
- Media Buyer
- Media Planner
- Copywriter
- Corporate Merchandising
- Corrections Officer
- Correctional Caseworker
- Probation Officer
- Profess. Employment Recruiter
- Program Developer

**More titles for Advanced Degrees (Masters, Doctorate)**
- Account Executive
- Art Therapist
- Child Psychologist
- College Student Affairs
- Career Planning Prof.
- Community Relations Dir.
- Counselor: Alcohol/Drug
- Counselor: Career
- Counselor: Guidance
- Crisis Intervention Counselor
- Counselor: School
- Counselor: Vocational
- Human Resources Adm.
- Personnel Manager
- Occupational Therapist
- Financial Aid Director
- Employee Assistance Director
- Marketing/Sales Manager
- Training & Development Professional
- Physical Therapist

Ready?......Set…..Transfer!

Santiago Canyon College students can complete lower division psychology major prep and general education courses to ensure successful transfer to a university of their choice. Complete articulation agreements between Santiago Canyon College and four-year institutions can be found on [www.assist.org](http://www.assist.org), and you will note that required lower division courses vary from university to university.

Below is an example of lower division preparation required by psychology majors planning to transfer to CSU Fullerton or UC Irvine. The preparation for transfer into junior status at either school differs significantly, and this is why we encourage students to make an appointment to see a counselor to develop an educational plan.

Remember, successful transfer requires that SCC students complete the following:

**Lower-Division General Education Courses**

**Lower-Division Preparation in Major**

**Elective Courses**

= 60-70 total transferable units

**CSU Fullerton**

*B.A. Psychology*

Each course counted toward the major must be completed with a “C” or better. All Psychology courses must be completed with a “C” or better.

Lower division courses:
- PSYC 100 (100H), 219 & MATH 219 (219H) or SOC 219 (219H)
- PSYC 101 (101H), 219 & MATH 219 (219H)
- PSYC 200 (200H)
- PSYC 219 (219H)
- PSYC 250 (250H)

**UC Irvine**

*B.A. Psychology (School of Social Science)*

In fulfillment of the requirements below, a single course may be used only once.

Lower division courses:
- PSYC 100 (100H), 200, PSYC 240 or 250, CMPR 100 or (CMPR 112 & 121)
- MATH 180 and MATH 219 (219H) or SOC 219 (219H)
- Math 180 and Math 219 are not admissions requirements to this major. Students can choose to complete statistical sequence of courses taken at UCI, but must still meet UC admission math requirements.

Select one additional course not taken above:
- PSYC 157 or (HU-D 107), 170, 219, 240, 250

Select two courses from the following:
- ANTH 100 (100H) or 101, ECON 120 or 121, SOC 100 (100H).