

The Veterans Affairs Office at Santa Ana College (SAC) assists veterans and dependents eligible to receive educational benefits. This office provides support and resources by assisting eligible students in completing appropriate applications. The VA office at SAC generally acts as a liaison between the veteran and/or eligible dependent and the college as well as other government agencies.

HELPFUL RESOURCES:

Orange County Vet Center - offers a wide range of services to help make a successful transition from military to civilian life. There is no cost to veterans or family members. Services include: individual & group counseling, marital and family counseling, bereavement counseling, medical & benefits referrals, employment counseling and readjustment counseling.

12453 Lewis St. Suite 101
Garden Grove, CA 92840
Phone: (714)-776-0161

Veterans Crisis Line **1-800-273-8255 and Press 1**

<http://veteranscrisisline.net/>

The caring professionals at the Veterans Crisis Line are specially trained and experienced in helping veterans of all ages and circumstances. Many of the responders are veterans themselves and understand what veterans and their families and friends have been through and the challenges veterans of all ages and service eras face. Call **1-800-273-8255** and **Press 1** or chat online to receive confidential support 24 hours a day, 7 days a week, 365 days a year.

Vets4Vets

<http://www.vets4vets.us/>

A non-partisan organization dedicated to helping Iraq and Afghanistan-era veterans to heal from the psychological injuries of war through the use of peer support. The primary goal is to help Iraq and Afghanistan-era veterans understand the value of peer support and to regularly use peer support to express their emotions, manage their challenges and ease their reintegration into society. Local Vets4Vets peer support is available at no cost.

Veterans Health Administration, Office of Mental Health Services

<http://www.mentalhealth.va.gov/index.asp>

The Veterans Health Administration (VHA) provides specialty inpatient and outpatient mental health services at its medical centers and community-based outpatient clinics. In addition, readjustment counseling services are available for veterans and their families at Vet Centers across the nation. http://www.vetcenter.va.gov/Vet_Center_Services.asp