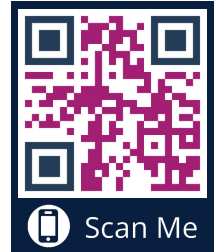


Join enjoyable art projects, acquire new skills, and make friends.

All Active Adult classes are tuition-free!



Classes include: Embroidery, Painting, Sketching, Sewing, Abstract Art, Healing & Stretching, and much more!

Online & In-Person classes available. Flexible day, night and weekend schedule.

CLASSES VIA ZOOM OR ONLINE						
76596	Color Pencil Art Sketch	Th	12:00PM	3:00PM	ZOOM	Ahrar, Shahrzad
76594	Watercolor With Markers	Th	3:00PM	6:00PM	ZOOM	Ahrar, Shahrzad
76226	Healthy Cooking and Eating 1				ONLINE	Clark, Leatrice
76227	Healthy Cooking and Eating 2				ONLINE	Clark, Leatrice
76567	Time Mgmt: Do More, Stress Les	Tu	5:00PM	7:00PM	ZOOM	Cooper, Chelsea
76478	Virtual Travel With Chelsea	Th	4:00PM	6:00PM	ZOOM	Cooper, Chelsea
76592	Jewelry, Mosaics & More	Tu	1:00PM	4:00PM	ZOOM	Dutton, Heather
76655	Sewing Fundamentals	Tu	10:00AM	12:00PM	ZOOM	Murphy-Klein, Laurie
76214	Health and Fitness from Home	M	5:00PM	7:00PM	ZOOM	Ou, Chhou
76215	Health and Fitness from Home	Th	5:00PM	7:00PM	ZOOM	Ou, Chhou
76328	Healthy Living for Seniors	Tu	10:00AM	12:00PM	ZOOM	Patel, Bela
76330	Healthy Aging and Wellness	Tu	1:00PM	3:00PM	ZOOM	Patel, Bela
76669	Beginning Drawing	Tu	9:00AM	12:00PM	ZOOM	Rajaei, Katayoun
76670	Oil Painting	Tu	4:00PM	7:00PM	ZOOM	Rajaei, Katayoun
76683	Abstract Expression	F	9:00AM	12:00PM	ZOOM	Tirado, David
76684	Portrait Painting	F	12:30PM	4:30PM	ZOOM	Tirado, David
76476	Demystifying Ai: Basics	M	3:00PM	5:00PM	ZOOM	Wong, Debra
76552	A Beginner's Guide to Ai	W	1:00PM	3:00PM	ZOOM	Wong, Debra
76477	Ai Advantage for Work & Life	W	6:00PM	8:00PM	ZOOM	Wong, Debra



ACTIVE ADULTS

SPRING SCHEDULE

Classes run from January 12 - May 23, 2026

All classes are **FREE** to CA adults!

SECTION	COURSE	DAY	TIME		LOCATION	INSTRUCTOR
76615	Basic Water Media Painting	M	1:00PM	5:00PM	SCC	Clary, Ling Ling
76614	Advance Watercolor Painting	Tu	1:00PM	5:00PM	SCC	Clary, Ling Ling
76613	Basic Drawing, Sketching & Bey	Th	9:00AM	1:00PM	SCC	Clary, Ling Ling
76611	Portraits & Figures in Drawing	Th	1:00PM	5:00PM	SCC	Clary, Ling Ling
76629	Beginning Art	M	9:00AM	11:00AM	OSC	Correa, Deborah
76637	Mosaics	W	10:00AM	1:00PM	SCC	Dutton, Heather
76691	Jewelry, Décor, and More!	W	3:00PM	7:00PM	EACC	Dutton, Heather
76306	Health and Wellness	M	1:00PM	3:00PM	OSC-HX	Feinstein, Lisa
76305	Health and Wellness	W	1:00PM	3:00PM	OSC-HX	Feinstein, Lisa
76572	Seminar for Older Adults	F	12:00PM	2:00PM	SCC	Howell Johnson, Eloise
76232	Brain Games	Tu	8:30AM	10:00AM	OSC	Kim, Hannah
76307	Health and Wellness	F	10:30AM	12:30PM	OSC	Mamani Perez, Kelvin
76654	Creative Sewing for the Home	M	10:00AM	1:00PM	SCC	McLean, Fiona
76653	Basic Sewing	M	1:00PM	4:00PM	SCC	McLean, Fiona
76652	Creative Textiles	Tu	9:30AM	12:30PM	SCC	McLean, Fiona
76712	Embroidery	Th	9:30AM	12:30PM	SCC-HX	Morency, Marilu
76711	Creative & Modern Quilting	Tu	1:00PM	4:00PM	SCC-HX	Murphy-Klein, Laurie
76709	The Sewing Lab	W	10:00AM	12:00PM	SCC-HX	Murphy-Klein, Laurie
76656	Textiles, Design, and Sew	W	1:00PM	4:00PM	SCC-HX	Murphy-Klein, Laurie
76673	Basic Drawing	W	9:30AM	1:00PM	SCC-HX	Rajaei, Katayoun
76672	Creative Painting	W	1:00PM	4:30PM	SCC-HX	Rajaei, Katayoun
76674	Intro to Abstract Art	W	4:30PM	7:00PM	SCC-HX	Rajaei, Katayoun
76687	Urban Sketching and Drawing	M	9:00AM	1:00PM	SCC	Rezvanpour, Azita
76591	Chalk Pastel	M	1:00PM	4:00PM	SCC	Rezvanpour, Azita
76690	Figure Drawing	W	9:00AM	1:00PM	SCC	Rezvanpour, Azita
76688	Explore Acrylic Painting	Th	9:00AM	1:00PM	SCC	Rezvanpour, Azita
76590	Beginning Art	M	9:00AM	12:00PM	EACC	Shneezai, Meena
76357	Strength and Stamina	Tu	1:00PM	3:00PM	OSC	Talle, Mehrzad
76355	Strength and Stamina	W	11:00AM	1:00PM	EACC	Talle, Mehrzad
76347	Joint Health and Mobility	Th	1:00PM	3:00PM	OSC	Talle, Mehrzad
76360	Strength and Stamina	F	9:00AM	11:00AM	EACC	Talle, Mehrzad
79595	Painting Sunsets	M	9:00AM	12:00PM	SCC-HX	Tirado, David
76686	Painting Still Life	W	1:00PM	4:00PM	SCC-HX	Tirado, David
76324	Healthy Aging and Wellness	M	1:00PM	3:00PM	EACC	Valdez, Amyluisa
76571	Tech It Easy for Seniors	Tu	10:00AM	12:00PM	EACC	Wong, Debra
76313	Health and Wellness	Th	11:30AM	1:30PM	EACC	Yousefi Zadeh Anari Zadeh, Sahar
76213	Rhythm, Movement and Exercise	Th	2:00PM	4:00PM	EACC	Yousefi Zadeh Anari Zadeh, Sahar