

ACTIVE ADULTS

FALL 2026 SCHEDULE

Classes run from August 17 – December 12, 2026

All classes are **FREE** to CA adults!



SECTION	COURSE	DAY	TIME		LOCATION	INSTRUCTOR
86683	Creative Weaving	W	12:30PM	4:00PM	HY-SCC	Aguiluz, Amabelle
86607	Basic Water Media Painting	M	1:00PM	5:00PM	SCC	Clary, Ling Ling
86606	Advance Watercolor Painting	Tu	1:00PM	5:00PM	SCC	Clary, Ling Ling
86605	Basic Drawing, Sketching & Bey	Th	9:00AM	1:00PM	SCC	Clary, Ling Ling
86604	Portraits & Figures in Drawing	Th	1:00PM	5:00PM	SCC	Clary, Ling Ling
86586	Tech It Easy for Seniors	Tu	10:00AM	12:00PM	EACC	Cooper, Chelsea
86610	Beginning Art	M	9:00AM	11:00AM	OSC	Correa, Deborah
86633	Beginning Art	Th	9:00AM	11:00AM	OSC	Correa, Deborah
86622	Creative Sewing	M	10:00AM	1:00PM	SCC	TBD
86620	Basic Sewing	M	1:00PM	4:00PM	SCC	TBD
86676	Mosaics	W	10:00AM	1:00PM	HY-SCC	Dutton, Heather
86628	Jewelry, Décor, and More!	W	3:00PM	7:00PM	EACC	Dutton, Heather
86646	Health and Wellness	M	1:00PM	3:00PM	HY-OSC	Feinstein, Lisa
86645	Health and Wellness	W	1:00PM	3:00PM	HY-OSC	Feinstein, Lisa
86397	Health and Wellness	F	10:30AM	12:30PM	OSC	Feinstein, Lisa
86386	Brain Games	Tu	8:30AM	10:00AM	OSC	Kim, Hannah
86696	Creative Hand Embroidery	Th	9:30AM	12:30PM	HY-SCC	Morency, Marilu
86677	Sewing Fundamentals	Tu	10:00AM	12:00PM	HY-SCC	Murphy-Klein, Laurie
86695	Creative and Modern Quilting	Tu	1:00PM	5:00PM	HY-SCC	Murphy-Klein, Laurie
86685	The Sewing Lab	W	10:00AM	12:00PM	HY-SCC	Murphy-Klein, Laurie
86684	Textiles, Sew, and Design	W	1:00PM	5:00PM	HY-SCC	Murphy-Klein, Laurie
86624	Basic Drawing	W	10:00AM	1:00PM	SCC	Rajaei, Katayoun
86623	Creative Painting	W	1:00PM	4:30PM	SCC	Rajaei, Katayoun
86625	Intro to Abstract Art	W	4:30PM	6:30PM	SCC	Rajaei, Katayoun
86680	Urban Sketching and Drawing	M	9:00AM	1:00PM	HY-SCC	Rezvanpour, Azita
86668	Chalk Pastel	M	1:00PM	4:00PM	HY-SCC	Rezvanpour, Azita
86682	Figure Drawing	W	9:00AM	1:00PM	HY-SCC	Rezvanpour, Azita
86681	Explore Acrylic Painting	Th	9:00AM	1:00PM	HY-SCC	Rezvanpour, Azita
86435	Strength and Stamina	Tu	1:00PM	3:00PM	OSC	Talle, Mehrzad
86426	Joint Health and Mobility	Th	1:00PM	3:00PM	OSC	Talle, Mehrzad
86434	Strength and Stamina	W	11:00AM	1:00PM	EACC	Talle, Mehrzad
86438	Strength and Stamina	F	9:00AM	11:00AM	EACC	Talle, Mehrzad
86674	Animal Drawing and Painting	M	9:00AM	12:00PM	HY-SCC	Tirado, David
86679	Mixed Media	Tu	9:00AM	12:00PM	HY-SCC	Tirado, David
86403	Health and Wellness	Th	11:30AM	1:30PM	EACC	Yousefi Z.A.Z., Sahar
86367	Rhythm, Movement and Exercise	Th	2:00PM	4:00PM	EACC	Yousefi Z.A.Z., Sahar



Join enjoyable art projects, acquire new skills, and make friends.

All Active Adult classes are tuition-free!



Classes include: Embroidery, Painting, Sketching, Sewing, Abstract Art, Healing & Stretching, and much more!

Online & In-Person classes available. Flexible day, night and weekend schedule.

CLASSES VIA ZOOM OR ONLINE						
SECTION	COURSE	DAY	TIME		MODALITY	INSTRUCTOR
86641	Health and Fitness from Home	M	5:00PM	7:00PM	ZOOM	Ou, Chhou
86647	Health and Fitness from Home	W	6:00PM	9:00PM	ZOOM	Yousefi Z.A.Z., Sahar
86648	Emotion & Memory in Music	M	1:00PM	3:00PM	ZOOM	Orozco, Stefan
86651	Eating Well for Healthy Aging	W	10:00AM	12:00PM	ZOOM	Sulistiowati, Alfreda
86657	Demystifying Ai: Basics	M	5:00PM	7:00PM	ZOOM	Wong, Debra
86663	Time Management for Stress and	Tu	5:00PM	7:00PM	ZOOM	Cooper, Chelsea
86662	A Beginner's Guide to Ai	W	1:00PM	3:00PM	ZOOM	Wong, Debra
86658	Ai Advantage for Work & Life	W	6:00PM	8:00PM	ZOOM	Wong, Debra
86654	Sharing Life Stories	Th	1:00PM	3:00PM	ZOOM	Paiz, Amanda
86661	Tech It Easy: Tech and Practic	Th	4:00PM	6:00PM	ZOOM	Cooper, Chelsea
86694	Contemporary Weaving	M	9:00AM	12:00PM	ZOOM	Aguiluz, Amabelle
86689	Beginning Drawing	Tu	9:00AM	12:00PM	ZOOM	Rajaei, Katayoun
86686	Jewelry, Mosaics & More	Tu	1:00PM	4:00PM	ZOOM	Dutton, Heather
86691	Oil Painting	Tu	4:00PM	7:00PM	ZOOM	Rajaei, Katayoun
86688	Color Pencil Art Sketch	Th	12:00PM	3:00PM	ZOOM	Ahrar, Shahrzad
86687	Watercolor With Markers	Th	3:00PM	6:00PM	ZOOM	Ahrar, Shahrzad
86692	Abstract Expression	F	9:00AM	12:00PM	ZOOM	Tirado, David
86693	Portrait Painting	F	12:30PM	4:30PM	ZOOM	Tirado, David
86642	Healthy Cooking and Eating 1	Online Class: 8/17/26 - 10/09/26				Clark, Leatrice
86643	Healthy Cooking and Eating 2	Online Class: 10/12/26 - 12/12/26				Clark, Leatrice

