



Area A: English Language Communication and Critical Thinking Select			
@ - Complete ONE course from Area A1, A2, and A3 with a grade of "C-" or better in each course. 3 courses - minimum 9 semester or 12 quarter units required			
A1 ORAL COMMUNICATION Communication 100/100H, 101, 110, 111* **Other Regionally Accredited College Course: _____	Completed	In Progress	Need
A2 WRITTEN COMMUNICATION English 100, 101/101H **Other Regionally Accredited College Course: _____ AP _____	Completed	In Progress	Need
A3 CRITICAL THINKING Communication 111*; English 102*/102H*, 103/103H; Philosophy 110, 111; Reading 150, 151 **Other Regionally Accredited College Course: _____	Completed	In Progress	Need
Area B: The Physical Universe and Its Life Forms			
Select ONE course from Area B1 and Area B2, one of these courses MUST have a corresponding lab from Area B3 (lab courses are underlined). @ - Complete ONE Math course from Area B4 with a grade of "C-" or better. 3 courses plus a lab - minimum 10 semester or 12 quarter units required.			
B1 PHYSICAL SCIENCE Astronomy 102, 103, 104; Chemistry 100, 200A, 200AH; Earth Science 100, 111, 120, 121, 130, 160, 200; Geography 101/101H, 130/130H; Physical Science 100; Physics 100, 150A, 150B, 250A, 250B, 250C **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
B2 LIFE SCIENCE Anthropology 101; Biology 109/109H, 115, 139, 149, 177, 190, 211, 213, 215, 221, 229, 231, 239, 259, 290; Psychology 200* **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need
B3 LABORATORY ACTIVITIES Anthropology 101L; Astronomy 100L (Lab Activity for ASTR 102, 103 and 104); Biology 109L, 109HL, 115, 139, 149, 190L, 211, 213, 215, 221, 229, 231, 239, 259, 290; Chemistry 100, 200A/200AH; Earth Science 100L, 111, 121; Geography 101L; Physical Science 100; Physics 100, 150A, 150B, 250A, 250B, 250C **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
B4 MATHEMATICS/QUANTITATIVE REASONING Mathematics 105, 140, 150, 171, 180/180H, 180S, 185, 203, 219/219H, 219S, 287, 290, 295; Sociology 125/125H **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
Area C: Arts, Literature, Philosophy and Foreign Language			
Complete ONE course from Area C1 and Area C2 and a third course from either area. 3 courses - minimum 9 semester or 12 quarter units required			
C1 ARTS (ART, DANCE, MUSIC, THEATRE) Art 100/100H, 101/101H, 102/102H; Cinema Studies 103, 104; Dance 100; English 233A*, 233B*; Music 101/101H, 102, 103, 104; Theatre Arts 100 **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need
C2 HUMANITIES American Sign Language 110, 111, 116, 210; Chinese 101, 102; English 102*/102H*, 231, 232, 233A*, 233B*, 241, 242, 270, 271, 272, 278, 279, 280; French 101, 102, 194, 201, 202; History 101*/101H*, 102*/102H*, 115*, 118*, 132*, 152, 162; Italian 101, 102, 194, 195, 201, 202; Philosophy 106/106H, 108, 112, 115, 118, 120; Spanish 101/101H, 101B ¹ , 102, 110, 111, 194, 195A, 195B, 201, 202 ¹ Both courses (SPAN 101A & 101B) must be completed to meet the C2 requirement. **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
ADDITIONAL COURSE FROM C1 OR C2: _____ **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need

Area D: Social, Political, and Economic Institutions - 2 courses (minimum 6 semester or 8 quarter units) required
New and returning students BEGINNING SCC Fall 2021 or later - MUST take 6-semester units from any discipline.
Students starting SCC BEFORE Fall 2021 and maintaining continuous enrollment - MUST take 9-semester units from at least 2 disciplines.

	Completed	In Progress	Need
Anthropology 100/100H, 103, 104; Apprenticeship Child Development 107*, 110 ; Child Development 107*, 110; Cinema Studies 105; Communication 120/120H, 225/225H; Counseling 150, 152*; Criminal Justice 101; Economics 101, 102; Education 101; Ethnic Studies 101*, 110*, 120*, 130*, 140*; Gender, Sexuality, and Women's Studies 101, 102, 103; Geography 100/100H, 102/102H, 140; History 101*/101H*, 102*/102H*, 115*, 118*, 120/120H, 121/121H, 124, 126, 127, 132*, 133, 142, 152*, 162*, 240; Interdisciplinary Studies 155; Kinesiology 109; Political Science 101/101H, 110, 150, 201, 220, 221, 222, 230; Psychology 100/100H, 157*, 160*, 170, 180, 190*, 200*, 220, 230*, 240, 250; Sociology 100/100H, 101* , 115*, 116, 120, 130*, 150, 220, 240/240H, 286; **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____			

ADDITIONAL COURSE FROM D: _____	Completed	In Progress	Need
**Other Regionally Accredited College Course: _____ AP/CLEP/IB _____			

ADDITIONAL COURSE FROM D: _____	Completed	In Progress	Need
**Other Regionally Accredited College Course: _____ AP/CLEP/IB _____			

Area E: Lifelong Understanding and Self-Development
 Maximum ONE unit from Area E2 may be used
 3 semester or 4 quarter units required

E1 SELF-DEVELOPMENT COURSES	Completed	In Progress	Need
Apprenticeship Child Development 107* ; Child Development 107*; Counseling 101, 113, 116, 152*; Interdisciplinary Studies 155*; Kinesiology 100, 101, 102, 104, 110, 111; Nutrition & Food 115; Psychology 157*, 160*, 190*, 230*; Sociology 115*, 130* **Other Regionally Accredited College Course: _____ CLEP _____			

E2 SELF-DEVELOPMENT-KINESIOLOGY ACTIVITY COURSES	Completed	In Progress	Need
Kinesiology 119-283 **Other Regionally Accredited College Course: _____			

Area F: Ethnic Studies (New and returning students BEGINNING SCC Fall 2021 or later - MUST complete Area F)
Students starting SCC BEFORE Fall 2021 and maintaining continuous enrollment – do not need to complete Area F. Instead student MUST complete 9 units in Area D.

Select ONE course from Area F
 1 course - minimum 3 semester or 4 quarter units required

F ETHNIC STUDIES COURSES	Completed	In Progress	Need
Ethnic Studies 101*, 110*, 120*, 130*, 140*; Sociology 101* **Other Regionally Accredited College Course: _____ CLEP _____			

TOTAL UNITS:

U.S. History, Constitution, and American Ideals – (CSU Graduation Requirement)

All CSU campuses have a U.S. History, Constitution, and American Ideals graduation requirement. It is not a transfer requirement but it can be completed at a California Community College or a CSU campus after transfer. The 6 units used to meet the requirement also meet units in Areas D and F.

US-1: HISTORICAL DEVELOPMENT OF AMERICAN INSTITUTION AND IDEALS	Completed	In Progress	Need
Ethnic Studies 110, 120, 130, 140; History 118, 120, 120H, 121, 121H, 124, 127 **Other Regionally Accredited College Course: _____ AP/CLEP _____			
US-2: U.S. CONSTITUTION & GOVERNMENT	Completed	In Progress	Need
Political Science 101, 101H **Other Regionally Accredited College Course: _____ AP/CLEP _____			
US-3: CALIFORNIA STATE & LOCAL GOVERNMENT	Completed	In Progress	Need
Political Science 101, 101H **Other Regionally Accredited College Course: _____			

Important Information

- *Courses with an asterisk (*) are listed in more than one area but will not be certified in more than one area.
- A course with the code (F) indicates the year a course was approved in the designated general education area.
- Certification is not a CSU admission requirement. Requirements are subject to change. Please work with an SCC counselor to develop an educational plan that includes major preparation.
- **Courses taken at regionally accredited colleges or universities that are not part of the California Community College system can meet general education requirements on the CSU GE/Plan B. Approval of CSU general education placement is done by the Articulation Officer via the "Pass Along" review process. See SCC Digital Catalog page, "Independent and Out-of-State Colleges and Universities" for more details.
- @ - Comparable courses completed at other regionally accredited institutions can be passed along with grades of "C-" (providing the course meets CSU standards) and can be used to meet CSU GE Areas A1, A2, A3, and B4 for CSU admissions. However, if the course double counts as a general education and major requirement, a "C" or better grade is recommended for CSU GE Certification.
- # - The two lower division courses in Area D can be taken in the same discipline as long as the student takes a different discipline for their upper division area D course upon transferring. *Requirements are subject to change. Please work with an SCC counselor to develop an educational plan that includes major preparation.*